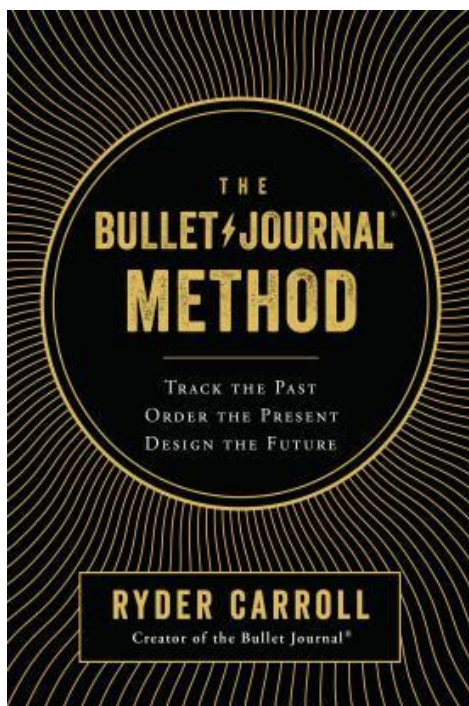


Bucher lesen The Bullet Journal Method: Track the Past, Order the Present, Design the Future

By Ryder Carroll



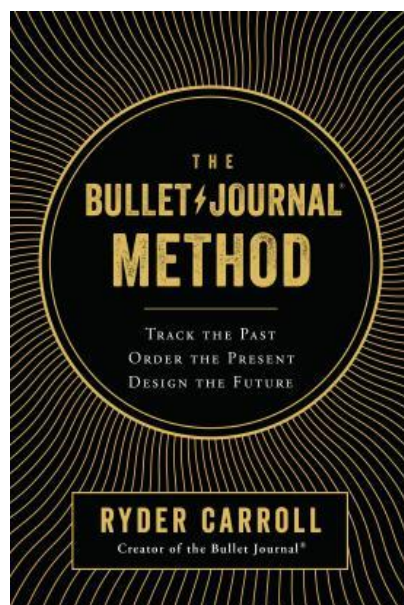
Books Details

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Books Descriptions

The long-awaited first book by the founder of the enormously popular Bullet Journal? organizational system. For years Ryder Carroll tried countless organizing systems, online and off, but none of them fit the way his mind worked. Out of sheer necessity, he developed a method called the Bullet Journal that helped him become consistently focused and effective. When he started sharing his system with friends who faced similar challenges, it went viral. Just a few years later, to his astonishment, Bullet Journaling is a global movement. The Bullet Journal Method is about much more than organizing your notes and to-do lists. It's about what Carroll calls "intentional living:" weeding out distractions and focusing your time and energy in pursuit of what's truly meaningful, in both your work and your personal life. It's about spending more time with what you care about, by working on fewer things. His new book shows you how to... ? Track the past: Using nothing more than a pen and paper,

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